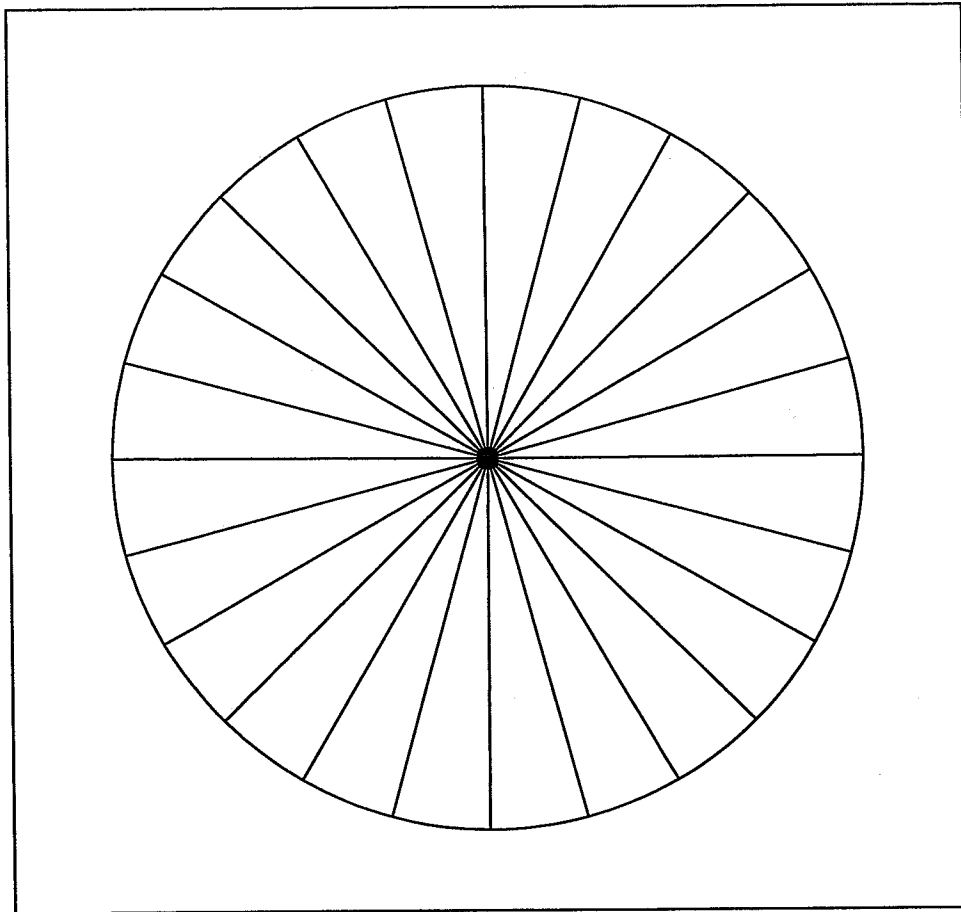


How Do I Spend My Time?

Of the 24 hours in the day, estimate how much time you spend in the following areas. Create a pie chart to do this. Use colored pencils to represent each activity. Each segment of the pie chart represents one hour of time.



Type of Activity	Color
Homework	
Video Game	
Internet	
Phone/IM	
TV	
Sleep	
Personal Hygiene	
Sports/Fitness	
School	
Meals/snacks	
Community activities	
Family	
Social/Friends	
Other:	
Other:	
Other:	
Other:	